

Arcadian Chairman and Chief Executive Officer, Robert Fahlman, To Present at Focus on Healthcare Conference in New York City

OAKLAND, Calif., July 16, 2009 – Arcadian Health announced today that Robert Fahlman, Chairman and Chief Executive Officer, is scheduled to present at the BMO Capital Markets sponsored 9th Annual Focus on Healthcare Conference on August 5, 2009, in New York City at the Millennium Broadway Hotel. Arcadian is a leading provider of Medicare Advantage health plans as well as management services to physicians, hospitals, health plans and other provider groups.

As a leader in the Managed Care sector, Fahlman will discuss the current industry trends as well as Arcadian's strategy and results in today's fast changing healthcare environment. Arcadian's presence at BMO Capital Market's Focus on Healthcare Conference will demonstrate their dedication to the Managed Care model, and Fahlman's presentation will highlight key points of the company's strategic vision and Arcadian's unique model for providing high-quality coordinated care. Fahlman explains, "Arcadian offers a network of community-based local physicians and hospitals, providing coordinated care to our members in rural and medium-sized communities across the United States. We offer a variety of value-oriented Medicare Advantage health plans and we hold ourselves accountable to the highest standards of honesty, integrity, compassion and respect for our members."

Fahlman plans to continue sharing the value of coordinated care and the benefits of the model today as well as its potential for future growth and success.

About Arcadian

Arcadian Management Services, founded in 1996, provides high-quality, cost-effective administrative infrastructure and management services to health care physicians, hospitals and health plans.

In order to capitalize on the foundation of Arcadian Management Services, Arcadian Health Plan, Inc., was founded in 2004. Arcadian Health Plan is a Medicare Advantage health plan provider operating in the following 11 states: Arizona, Arkansas, Georgia, Louisiana, Maine, New York, North Carolina, Oklahoma, South Carolina, Texas, and Washington. In 2010, Arcadian Health Plan will be offered in the following additional states pending approval from the Centers for Medicare and Medicaid Services: California, Missouri, New Hampshire, and Virginia. The plans are offered under the following local product names: * Arcadian Community Care (Louisiana residents) * Arcadian Health Plan (Oklahoma residents) * Arkansas Community Care * Columbia Community Care * Desert Canyon Community Care * Northeast Community Care * Southeast Community Care * Spokane Community Care * Texarkana Community Care * Texas Community Care.

For more information about Arcadian Management Services, please visit <http://www.arcadianmgt.com>. For more information, about Arcadian Health Plan, visit <http://www.arcadianhp.com>.

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